



**CATHOLIC**  
and **LIVING IT!**

## The Catholic Women's League of Canada

### London Diocesan Council

To: All Parish Presidents, Education and Health Chairperson  
CC: London Diocesan Council, Hilarion Mitchell OPC Education and Health Chairperson  
From: Mary Clare Latimer, Education and Health Chairperson  
Date: November 2022  
**Directive #9**

*Ask Him.....to somehow, someday, somewhere reveal Himself to you every day.*

*Jane Trufant Harvey*

The Advent season gives us the opportunity to delight in the promises we celebrate at Christmas: the HOPE that Jesus will return and make all things new; the JOY that comes from worshiping Him today and for eternity; the PEACE we experience with God today and we long for our world to experience when it is redeemed; and the LOVE of a God who sacrificed His own Son to be in relationship with us.

**“A Stocking for Jesus”** Written by Suzanne Middendorf Arruda; illustrated by Betina Ogden. A little girl, wondering why Jesus never gets a Christmas stocking, inspires her family to offer him gifts of love and kindness in honor of his birthday. This charming picture book includes an actual punch-out stocking for Jesus and symbolic “presents” on which you may record the acts of love and kindness your family will do for others in grateful celebration of Christ’s birth.

**Children’s Book 24 Stories for Advent** by Brigitte Weninger; illustrated by Eve Tharlet. Captivating short stories make each day of Advent a special treat that children can look forward to as they count down to Christmas. Purchase at: <https://www.chapters.indigo.ca> – On Line only

**Advent Calendars** or **Reverse Advent Faith Action Calendars** are available at many stores; they are a great way to lead your children through the 24 days of Advent.

**Advent Activity** to share with your children: <https://www.sarajcreations.com/2016/12/advent-wreath-rip-art-craft.html>

**A Guided Advent Journal for Prayer and Meditation** by Sr. Miriam James Heidland Solt. In this beautiful guided journal for prayer and meditation, explore familial wounds with the help of Jesus, Mary, and Joseph. Free weekly companion videos, a downloadable discussion guide, and other resources make this book perfect for leading up to Christmas. Each day you will journey deeper into the meaning of Advent with a meditation, reflection questions, a prayer, and journaling space. Purchase at amazon.ca

**The Wonder of Advent - Adult Bible Study Book with Video Access: Delighting in the Hope, Joy, Peace, and Love of Christmas** by Lifeway Women More. Whether readers wish to follow a traditional, contemporary, or family program of devotion and prayer for Advent and Christmas, this all-in-one resource will be a treasured guidebook. Spend a week considering each of the themes of Advent— hope, joy, peace, and love. Purchase at [amazon.ca](https://www.amazon.ca)

**Please do not hesitate to reach out to me via email [edhloncwl@gmail.com](mailto:edhloncwl@gmail.com) or by phone 519-358-6705, especially if you come across an educational or health concern that would be of interest to other members!**

**Christmas Blessings to all of you!**

**Mary Clare**